

CNS 2023-24 curriculum plan

		Year 7	Year 8	Year 9	Year 10	Year 11		
Autumn 1	1	What are first impressions?	How do rules and laws differ?	What is news?	What is mental health?	Where can I go and what can I do after Year 11?		
	2			How can I judge the reliability of a news article?				
	3	Who am I?	Where do laws come from?	How can I verify information?	How can social media affect me?		How can I prepare 21 st Century skills for 21 st Century jobs?	
	4			How might I be manipulated?				
	5	What is self-esteem?	What crimes occur near me?	How can I REVIEW my news?	What are eating disorders?			What is a CV and what should it contain?
	6			What is body image?				
	7	What makes a relationship healthy?	Who is involved in the legal process?	How might the media influence how I feel about the way I look?	How can I cope with grief?			
8	How might drugs affects us?							
Autumn 2	9	How are families different?	Are all courtrooms the same?	Why do people use drugs?	How can I develop my resilience?	How do loans and mortgages work?		
	10			Why might people use steroids?				
	11	What do healthy friendships look like?	How am I influenced?	What does the law say about drugs?	How can I identify meningitis and strokes?		Do I really need insurance?	
	12			What risks are linked to drug use?				
	13	What is bullying/cyberbullying?	What do I need to know about gangs?	What is addiction?	What else should I know about drugs and alcohol?			How are taxes calculated?
	14			Should cannabis be legalised?				
Spring 1	15	How can I take a stand when I see bullying happening?	What should I know about knife crime?	Careers	What are the wider effects of vaping?	Where does the government spend our money?		
	16			Careers				
	17	Is everyone treated equally?	What is grooming?	Careers	What is cancer, and how can I examine myself?		Am I allowed to vote? How can I vote in a General Election?	
	18			Careers				
	19	How might people with disabilities be treated?	What does 'county lines' mean?	Careers	What parts of our bodies can be donated to others?			How realistic is pornography?
	20			Careers				
Spring 2	21	How can we deal with racism?	What is extremism?	What does a democratic country look like?	What services are available to manage my health?	Where can I access sexual health services?		
	22			How else might a country be run?				
	23	How can I manage my personal hygiene? (inc. germs)	What are hate crimes?	Who holds power in the UK?	How might people show their commitment to their partner?			
	24			What does the Cabinet do?				
	25	What are the physical changes of puberty?	What does caffeine do to my body?	What is foreign aid?	What risks might be involved in sexual acts? What are my personal boundaries?			
	26			What advice would I give to the Cabinet in an emergency?				
Summer 1	27	What happens during menstruation?	What are prescription drugs?	What do healthy, romantic relationships look like?	What is sexual harassment?			
	28			What is consent?				
	29	What are the emotional aspects of puberty?	What are units?	What does the law say about sharing nudes?	What other forms of contraception exist?		Exams	
	30			What are potential signs of abuse?				
	31	Is vaping harmful to my body?	What are the physical effects of drinking alcohol?	How are condoms used?	What factors might affect my fertility?			
32	What are STIs?							
Summer 2	33	How can I look after my teeth?	What are the social effects of drinking alcohol?	Are sexuality and gender identity the same thing?	What options does someone have if they are pregnant?			
	34			How have attitudes towards sexuality changed over time?				
	35	How can screentime affect my health?	Which common health conditions should I know about?	How have attitudes towards gender changed over time?	What happens during pregnancy? (inc. miscarriage, FASD)			
	36			How have attitudes towards race changed over time?				
	37	How much sleep should I be getting?	How do vaccinations work?	Citizen action task	Are all parents the same?			
	38			Citizen action task				

Careers and Economic & Financial Education

Citizenship Education

Health Education

Relationships & Sex Education