

Subject: Food Preparation & Nutrition (AQA)



City of Norwich School
An Ormiston Academy | *Excellence in all*

Teacher responsible for the subject: Ms Haines

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This course covers:

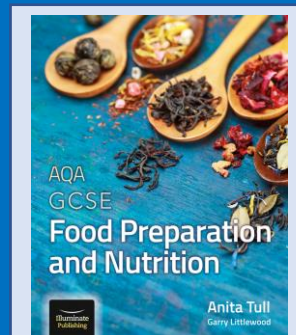
YEAR 1:

Food hygiene & safety
Food preservation
Public health
Nutrition
Higher level practical skills

YEAR 2:

Food Science
Food choice
Food provenance
NEA 1&2

Core Textbook:



AQA Food Preparation &
Nutrition Student book
Illuminate

9781908682789

The teachers say: "We love teaching this course because:

It covers the board subject that is food and shows why it is the most important subject on the curriculum. The course covers a wide range of topics but also teaches important life skills at the same time. You have the chance to be creative and scientific at the same time.

The students say: "We enjoy this course because:

We love cooking all the different world foods and learning about nutrition

I find the links with PE really interesting and something I would like to do

I really enjoy the independent work and that homework is to cook!

Our recommended Revision Resources:

BBC Bitesize
Seneca
Food Unwrapped
(Channel 4)

What future pathways might be open to me if I study Food Preparation & Nutrition?

Level 3 Food Science & Nutrition
Apprenticeships in catering, food manufacture butchery,
Armed Forces – logistics core
Catering courses at College
Start you own restaurant

