

Subject: GCSE PE (AQA)



City of Norwich School
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Teacher responsible for the subject: Mrs R Clarke

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This course covers:

YEAR 1:

Theory – 3/5 lessons

Paper 1: The human body and movement in physical activity and sport

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

Non-Examined Assessment (NEA) – 2/5 Lessons

Practical performance in physical activity and sport

- Practical lessons
- Written Coursework

YEAR 2:

Theory – 4/5 Lessons

Paper 2 - Socio-cultural influences and well-being in physical activity and sport

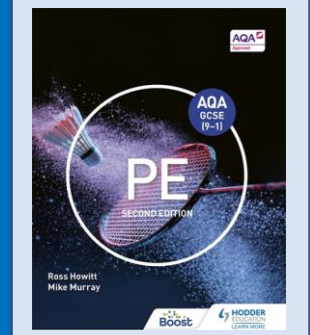
- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data

Non-Examined Assessment (NEA) – 1/5 Lessons

Practical performance in physical activity and sport

- Practical lessons
- Written Coursework

Core Textbook:



AQA GCSE (9-1) PE Second Edition, Ross Howitt, Mike Murray Hodder Education
ISBN 978-1-398-32652-1

Our recommended Revision Resources:

BBC Bitesize -

<https://www.bbc.co.uk/bitesize/examspecs/zp49cwx>

Seneca – Use this to review topics taught in the lesson.

Revision Guide – My revision Notes – AQA GCSE (9-1) PE Third Edition



The teachers say: “We love teaching this course because:

- It gives importance to PE within school and it allows students to gain an exam qualification in the subject.
- It allows students to understand all the key theory concepts that underpin practical performance – Sports physiology, sports psychology and Sports sociology
- It is a great foundation for anyone who wants to develop a career within sport.

The students say: “We enjoy this course because:

- The theory work is really interesting
- We get to learn about sports psychology which is something new
- I want to have a career in sport so this was a good starting point

What future pathways might be open to me if I study GCSE PE ?

- Opportunities in sports science, physiotherapy, sports performance and analysis, armed services, teaching, coaching, personal trainer, sports journalism, sports rehabilitation, sports psychology or sports nutritionist are some of the pathways that are open to you if you study GCSE PE.

