

Sixth Form Bulletin



City of Norwich School
Sixth Form

An Ormiston Academy | *Excellence in all*

Friday 29th September 2023

Dear Parents and Carers of 6th Form,

We are only 3 weeks until the first half term and we are very pleased with how the 6th form have settled into their studies and enrichment commitments.

Today's Friday Macmillan coffee morning was a great first charity fundraiser for 6th form, raising £137.73!

Thank you to all who contributed (including the baking parents) and especially to Ms King and Ms Cooper for organising.

The Yr12 team building day was such a lovely way to get to know so many of our new students into 6th form and we are sharing some of the highlights in pictures on here.

We wish Yr12s all the best with their baseline assessments this week and tutors will now be focusing on Yr13s for Monday tutorials to make sure they are engaging in all pathway opportunities on offer and will support those not applying to UCAS in the first instance.

Have a great week,

Ms Nichols

Director of 6th Form

Deputy Head Teacher

City of Norwich School - An Ormiston Academy

Please follow us on Twitter: @CNS6F

Please follow us on Instagram: @cns_6f

Key Dates

Oct	4 th	M	Yr12 baseline assessments take place this week
Oct	12 th	Th	Yr13 Parents' Evening - ONLINE
Oct	12 th	Th	Yr13 End of Semester Grade Reports published
Oct	20 th	F	Yr12 baseline percentages due back to students
Nov	2 nd	Th	6 th Form Open Evening 5-8pm HELPERS WANTED!

Morning Programme 2023-24

Students are expected in school at 8:35am each day for the morning programme as shown below. For all other days, students are only expected in when their own lessons begin.

	Mon	Tue	Wed	Thu	Fri
Yr12 Week 1		Form time			Form time - pathways
Yr12 Week 2	Tutorials (invite)	Form time			Assembly
Yr13 Week 1			Form time - Study Skills	Form time - routines	
Yr13 Week 2	Tutorials (invite)		Form time	Assembly	

Tutors will invite you to Monday morning tutorials via email. This is a chance to meet your tutor in smaller groups so that they can support your needs and get to know you better for references.

The School Day

Reg	P1	P2	Break	P3	P4	Lunch	P5	P6
8:35am	9:00am	10:00am	11:00am	11:20am	12:20pm	1:20pm	2:05pm	3:05-4:05pm

Absence

If your child is absent, please ask them to notify their teachers and if you could contact Ms King c.king@cns-school.org (Yr12) and Ms Cooper l.cooper@cns-school.org (Yr13) if you have to miss a lesson for either illness or planned trips, visits etc.

Lanyards

STUDENTS MUST WEAR LANYARDS AT ALL TIMES IN SCHOOL (EXCEPTIONS ARE IN PE, DT AND SCIENCE PRACTICALS)

If students have lost or forgotten their lanyards, they should go to Mrs Blake in the Elkins study centre to get a replacement. Students will be charged £2 which will be refunded if they are returned.

On a Wednesday, they should go to their year office instead.

Tap in / out:

Students must tap in as they arrive in and out as they leave school.

This is to meet safeguarding requirements in keeping you safe, especially for fire and lock down purposes.

After the 1st 2 weeks, we will cross reference tap in data against registers, with follow up if needed.

Bursary Forms

Parents will receive notification of their child's allocation next week from Mrs Blake.

Go4Schools – Attendance, Homework, timetables



All students should download the Go4Schools app onto their phones. All homework, timetables and attendance information can be found on here.

Satchell:One is no longer being used for setting of HW.

YEAR 13 PERSONAL STATEMENTS

As a reminder, your **first drafts** of Personal Statements are due (via e-mail, or hard copy), to your **Form Tutors by Friday 29th September**. If you fail to meet this deadline, it will become increasingly difficult for your Tutors to provide feedback and support you in the re-drafting process.

6th Form Council

Meeting weekly – We meet every Weds breaktime in room 97.

Form tutors will have helped elect 2 representatives. If your child is keen to join, tell them just to come along. ***If students want to raise anything at council: They can add to the agenda here: [Council Form](#)***

At council **last** week, Yr13s were on reading week and so Yr12s fed back their thoughts about the team building day:

Positives:

MLC – loved the leaders and their energy (especially Jonny – guru), it was good for making friends, liked missing 4 periods! Liked the last canyon activity.

HVB – Liked when teachers got involved, liked the competition, liked the more active tasks.

NK – good timings (4 periods felt right), liked the activities, it was good for getting people together

TWE – good, enjoyed it, made friends, good variety

TOP – liked the canyon game

KWP – liked canyon activity, was good to mix with other forms more (more of that please!)

SPF – liked canyon – more competition

SAU – games good for team building, canyon game good

To improve:

MLC – bit too long, not keen on the megaphone (Ms Nichols – most upset by this!), be good to have another one later in year, some activities boring, some did not make new friends

HVB – too long, the lay out of activities and numbers was a bit confusing, wanted more competitive activities

NK – would have liked to mix with different forms

TWE – 3rd hour a bit long for the rotation of activities, do activities for only 2 hours, could be more rewards/incentives

TOP – hard to go back to lessons afterwards, more prizes please!

KWP – mix up the groups more – be good to meet more new people

SPF – lay out and numbers confusing

SAU – be good to mix even more in end game

100% of council found it was a good day and should continue to next year.

At council **this** week, we had all forms across Yr12 and 13 represented! Well done all!

General Feedback from Forms	<p>Careers month feedback from Yr13– more creative careers please for June 2024 for the new Yr12s. Ms Nichols has made a note for next year and also reminded students of visits by the BBC, media groups and the NUA visits. Ms Nichols also talked about marketing the sessions more broadly so students think outside of the box.</p> <p>Why is Yr13 parents' evening online? Some students would prefer face to face. Ms Nichols explained the 50:50 parental response to preferences last year and that meeting Yr12 parents and students was important for establishing the relationships early. If students feel a face to face is needed, they can book an appointment at the targeted evenings.</p> <p>Students asked if staff were fair in challenging dress code in terms of boys underwear showing. Ms Nichols said that if they see any boys underwear or abdomen, they too are challenged in the same way.</p>
6 th form sports day	<p>21 of 33 council members voted for a 6th form sports day of some description</p> <p>When asked: What would an ideal 6F sports day look like, students responded:</p> <ul style="list-style-type: none">• teacher involvement• Rounders• Relay race• Tug of war• Egg and spoon• Sack race• 3-legged race• Split up forms so people can be involved with others they aren't usually• Fun and competitive• Points system: 1st 2nd 3rd• Competitive board games??• Big parachute• Whole year group games• Picnic for lunch? Ice cream truck????• Team sports: Some sports in the background whilst main events occur e.g. rounders and football• Canyon game from team building day• Inclusive, people can compete at the level they feel fit <p>Council will put out a Microsoft teams for whole sixth form to get opinions on and make a decision.</p>

Year 13 Celebration:

Celebration leaders Hetty, Autumn and Tayle would like to know what Yr13 want for their end of year celebration:

https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=cCy76NwEk0ilgsR7VNVskvtPceGCWvFOR_oYiHZ84xRUMURXUKYySFFLUEVZVzZLSDNRQ1UVII3Qi4u&Token=85d6b824bff8401e9a4d90fe50a737a1

Your 6th form Students' Union

Leadership Position	Student in Post
Head Students	Malini Bhattacharya Danicke Theron Lucy Squires
Editor of EXiA Magazine	Lucy Squires
6 th form Photographer	Holly South
Cultural Champion	Vian Muhammad
Chair of 6 th form council	Libby Gunton
Vice / or CO chair of 6 th form council	Danicke Theron Gracie Fleet
Chair of KS3 council with Ms Philpott	Harrison Gee Abbie Humphries
Yr13 leavers' party coordinators	Tayla Uslu Hetty Life Autumn Sprong
LGBTQ+ leads	Rosa Moselle Amelia Bennett Amelie Treacy
6 th Form Sports Lead	Bella Williams Olivia Rayner Oli Lince
Music ambassador	Sidney Fraser-Pearce
Breakfast Club Leader	Megan Howard
Social Media leads (running the 6 th form Instagram account)	Maria Siddika Jess Thompson Honey Oliver Isla McCluskey

Macmillan Coffee Morning Friday 29th September

£137.73 Raised.

Well done to everyone involved and Miss King and Mr Etheredge for organising

**WORLD'S BIGGEST
COFFEE 
MORNING**



Yr12 Team Building:





Student Celebrations – Yr13

Over the Summer and the beginning of term, some of you have been very busy with various super-curricular pursuits. A special shout out goes to Kendal Cox who worked at the Marsh Norwich Office as part of an internship project, Ellie Golec-Hagland who completed her apprenticeship at Aviva & Charlie Bolderston who worked with the Ayrshire Cattle Society, representing the Young Breeders' Team at the event.



STUDENT OPPORTUNITIES

Personal Statement Workshop for Year 13 – online workshop

Wednesday 27th September 5-6pm, Wednesday 18th October, Wednesday 29th November

Aimed at Year 13 students looking to apply to university, this workshop is aimed at helping you perfect your Personal Statement focusing on strategies to make your statement stylish, concise, and accurate with lots of examples to peruse from different subject areas.

Click [HERE](#) to register

UCAS HUB LIVE

Coming up live in the UCAS Hub...

UCAS

Wherever you're at with your plans, we've teamed up with careers, higher education, and application specialists to help you take your next steps. Plus we'll be talking to current uni students and apprentices who will be bringing you some serious insight on student life, the things they wish they knew, and how to choose the right path for you.

So, whether you're looking for practical tips on how to start your application or write a winning personal statement, or simply looking for some inspiration, we're here with the experts to help.

Hub live sessions

[UCAS Hub live](#) | | [UCAS](#)

Mock Interviews Season

Monday 9th to Wednesday 22nd November

- Each year we aim to give every Norfolk student who will face a live or online interview as part of the application process, a mock interview. Depending on what you will be encountering this might be an online one to one interview, a live one to one interview or a live Mini Interview sessions – or possibly all three!
- This round of mock interviews is primarily aimed at those students who must meet the October 16th deadline and/or students who know that they will require an interview as part of the application process. It is an opportunity for you to experience an interview with a subject specialist which we aim to make as realistic an experience as possible. After the interview you will also receive useful and constructive feedback to help you in your preparation for the real thing.
- To organise this for you we need to know your school, subject and in some cases institutions applied for. **DEADLINE FRIDAY 13th OCTOBER**
Once we have all requests collated we will send you a date and time for your interview.

Register [here](#)

Careers Appointments

If you would like to meet with our Careers Advisor, please email N.Pentney@cns-school.org or speak to Mrs B

Higher Aspiration Scheme



HAS is a one-stop shop for all super- curricular engagement activities to support applications to universities and higher education:

- Subject masterclasses
- Lectures from academics
- Workshops and Summer School opportunities
- Bespoke subject sessions to boost application successes
- Support with Admissions Tests
- Mentoring – mid and long term
- Competitions

Watch HAS video https://youtu.be/n12LG_9I4z4 (10mins)

Sign up to HAS (5 mins) - during form time.

Complete the 5 mins survey: [Student Survey](#) (5 minutes!). (5 minutes)

FILM CLUB

Film Club is for anyone who likes film. We'll be doing lots of things over the weeks... watching short films, watching feature films, debating / discussing / critiquing the films. We want sixth formers involved in setting the direction of the club so please email Mr Rootham (j.rootham@cns-school.org) or speak to Mr Beavis / Mr Staves if there's a film you'd like us to watch! Because of the popularity of the club, we'll be running one club for KS4 and KS5 in room 43 and a separate club for KS3 in room 52.



Where: room 43

When: Wednesday lunchtimes – starts this week!

Who: KS4 and KS5

Contact: j.rootham@cns-school.org

CNS 6th Form Careers Padlet

[CNS Sixth Form Careers \(padlet.com\)](https://www.padlet.com/)

Answer to all you careers queries

A screenshot of a Padlet board titled 'CNS Sixth Form Careers'. The board is organized into columns with various career-related resources. The columns are: 'CNS Careers Newsletter', 'Useful Websites', 'Work Experience', 'Apprenticeships', 'Apprenticeship Opportunities', and 'University Prospectuses'. Each column contains several items, including newsletters, websites like UCAS and NEACO, work experience opportunities from Norfolk & Norwich University Hospital, apprenticeship guides from Kier and Spire, and university prospectuses from the University of Cambridge and Norwich University of the Arts.

Ms Pentney is also launching a weekly careers newsletter : includes career and pathway information, podcasts, internships, conferences, work experience opportunities and each week there will be a job of the week, employer spotlight, uni spotlight and labour market information. Check your emails.

6th Form YOGA

Yoga will start Monday 16th October, room 213, lunchtime.

YOGA - IT'S NOT WHAT YOU THINK!

Yoga is a non-competitive, respectful, safe space where we can be ourselves and feel good in body and mind. Do you want to feel more grounded to the here and now? More empowered, more relaxed, calmer, learn new ways to manage stress that can help you be more resilient for life? Would you like to feel more connected to yourself, others and the world?



Yoga will help you feel stronger in body, mind and soul and can be fun and challenging too!

**“I just take all my problems from the week
and dump it into the yoga session
and they all dissipate”**

No judgement, no goal, just chill.

Where? Drama studio 213 in Fisher Centre.

When? Every Monday lunchtime from 1.20 starting Monday 16th October.

Watch this PPT for more info:  [YOGA PROMO.pptx](#)

If you want to know more about what yoga is and can do for you please have a look at these vids from the Teen Yoga Foundation:

<https://youtu.be/i4hM7oU5W90>

Orthoptics Workshop



Would you like to find out more about a career in Orthoptics?



Orthoptists are Allied Health Professionals who are experts in understanding how the eyes move and work together. They specialise in assessing, diagnosing, treating and monitoring a variety of eye disorders in people of all ages.

Meet the Orthoptics team at the James Paget University Hospital to find out more about their role. Take a tour of the department, have an opportunity to test out equipment used in patient diagnosis and treatment and find out about routes into the profession.

James Paget University Hospital, Eye Clinic

(to the right of the hospital main entrance)

Friday 3rd November 2023, 13.30-15.30



***The First Bus X1 / X11 routes run from Norwich Bus Station (via Acle) directly to James Paget Hospital every 15 minutes (peak time) at 00, 15, 30 and 45 past the hour. Journey time is just over an hour.**



AHPCareers@nnuh.nhs.uk



ApplyPlus is a series of monthly online sessions aimed at supporting students who are aiming to make applications to highly competitive courses or institutions – (Oxford, Cambridge, Medicine, Dentistry, Veterinary Science...). It is run by Barny Pearce, a highly experienced 6th form lead and former Cambridge graduate himself. It aims to support students through the whole journey from settling into A Levels, building up an effective portfolio of extra-curricular material, preparing for assessment tests and eventually making strong applications.

ApplyPlus – 2023 Autumn Schedule

Outline of themes and provisional dates

	Year 12	Provisional date	Year 13	Provisional date
Sep	<i>[No session]</i>		Interview preparation - 1	Tuesday 26 th 5-6pm, via Teams
Oct	Big picture - why apply: the year in overview	Tuesday 10 th 5-6pm, via Teams	<i>[No session]</i>	
Nov	Choosing the right course for you	Tuesday 21 st 5-6pm, via Teams	Interview preparation - 2	Tuesday 14 th 5-6pm, via Teams
Dec	Super-curricular exploration - 1	Tuesday 12 th 5-6pm, via Teams	<i>[No session]</i>	

Sign-up [HERE](#) to register your interest and ensure that you receive links to all these sessions and any other relevant online events.

BFI FILM ACADEMY

BREAK INTO FILM

BFI FILM ACADEMY SHORT COURSE ACCESS CREATIVE COLLEGE, NORWICH

BFI Film Academy offers opportunities for ambitious 16-25 year olds, anywhere in the UK, to get to know more about film and how to forge a career in the screen industries.

DATES: Saturday 21st - Friday 27th October 2023

COURSE HOURS: 10:00 - 17:00

COURSE LOCATION: Access Creative College, Norwich

APPLICATION CLOSES: 02 October 2023

www.accesscreative.ac.uk/campaign/bfifilmacademy

**AGED 16-25?
APPLY NOW**



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