How to encourage your child to read more books



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Tips for introducing reluctant readers to an exciting world of adventure

There's no doubt that reading is hugely beneficial for children. It can

 \checkmark Make a big impact on their academic performance and literacy level

 \checkmark Develop empathy and emotional intelligence

✓ Stimulate their imaginations

Becoming totally immersed in a book and the characters' lives - whether they're thrilling, enchanting, funny or sad - is a truly unique experience. Reading other materials, for example on social media or in games, is always good for vocabulary no matter how old you are there's always something special about diving into a book.

Dedicate time to reading

Just as with any hobby, the more your child reads, the more it will become second nature. Make time in your child's routine to relax with a book- a good time to do this could be every night before bed.



Help them chose good books that they'll enjoy

Trying to read something that's far too difficult can be extremely discouraging. Guide your child towards books that are at their level of reading, while still challenging them. The subject matter is also important - if your child has a special interest in something, get them books about the topic so they are naturally more invested in the story.



Create a cosy space for reading

A quiet cosy area where your child can go to read will make the idea of it much more appealing and help them associate reading with enjoying themselves. Have a stack of books to hand so they do not get bored.

Lead by example

Act as a role model as much as you can in front of your child. They'll absorb the idea that reading is important and that you should make time for it in your day. Reading aloud to your child is another great way to get them into books especially if they struggle with reading alone. A common misconception is that reading aloud is only for younger children who are learning to read - it can be a rewarding and fun experience for parents and children of all ages.



Bring the book's universe to life

Taking about a story and its characters makes reading bigger than just a comprehension exercise. Ask your child about their favourite characters: get them to recreate or draw particular moments in the story or do a real-life activity that's related to the book somehow. The more immersed your child is in a story; the less reading will feel like a chore.

Expose your child to different genres

From adventure and fantasy to comedy and non-fiction, there's bound to be something that grips your child's imagination and interest. You could visit a library or bookstore together and get them excited about all the different kinds of books out there and let them choose something they like the look of.



Support and help them with reading

Lots of children struggle when it comes to reading fluently. If they're getting frustrated and discouraged, spend extra time reading with them, helping them to sound out words or tackle new vocabulary. Regular praise and recognition will also boost their self esteem and motivation to keep trying - a reading chart can be a good way to track how much they are reading and show their progress.

