KS3 Progression Grid - Student Version

	Teacher Assessment – Concepts & ATL		Teacher Assessment - Practical
NC requirements	Demonstrate an understanding of concepts Apply concepts to varying sporting and life situations Demonstrate an improving Attitude to Learning within PE		Apply techniques across different sports & physical activities Develop expert technique to improve performance Use a range of tactics & strategies to overcome opponents Analyse & improve performances through applying the principles of effective performance
	Concepts	ATL	
Beginning	 Can retain <u>some</u> information on the current concept but struggle to <u>fully</u> understand them. Can <u>struggle</u> to connect the current concept to the activities, other concepts and past my experiences 	 Knows being active is important to health Prefers to work with people they know and relies heavily on support and guidance. Knows few rules. Often forgets kit Goes off task easily Doesn't take on any additional roles in the lesson. 	 Can link basic movement skills to make movements, actions and sequences however these are performed hesitantly and lack control. Understands simple strategies such as man on man marking or being on the attack but cannot carry out effectively Can follow basic principles of performance and make comments based on outcome – good or bad, right or wrong. Needs cues (such as key words) to give feedback.
Developing	 Can retain and recall <u>some</u> information on the current and previous concepts and <u>mostly</u> understand them. Can <u>sometimes</u> connect the current concept to the activities, other concepts and my past experiences. 	 Prefers being teacher led. Is aware of rules & mostly adheres to them. Always bring kit (even when they are unable to take part physically). Needs support from peers/teacher Is positive when helping others/teacher 	 Has a broader range of skills (running, jumping, throwing & catching). Can apply to specific sport. Performance can be hesitant. Can apply simple, directed, tactics & strategies in modified practices with support (such as performing a centre pass that has been demonstrated or drawn on a whiteboard and explained Can identify strengths and weaknesses and starts to include key words in feedback.
Secure	 Can provide <u>definitions and examples</u> of the concepts and elaborate on others' basic answers. <u>Can</u> connect concepts between lessons and <u>transfer</u> these concepts to other aspects of my life. 	 Enjoys keeping active & fit (possibly takes part in some extra/ co-curricular) Is fair in competition and can apply a number of key rules Brings kit and actively participates. Perseveres with challenges/tasks but seeks/accepts advice Can collaborate with members of a team but does not lead 	 Has a broader range of specific skills that are used more consistently and are clearly linked to a particular activity, but performance can break down under pressure. Can apply attack & defence tactics/ strategies appropriate to the skill in modified practices/ games. Will sometimes need a prompt from peers/ teacher when using multiple tactics or applying to different game situations. Recognises how to win/perform well. Uses a selection of skills and tactics from small range and can compare performance using key words
Confident	 Demonstrates a <u>good understanding</u> of the concepts, as well as elaborate on others' answers. Demonstrates a <u>good</u> understanding of how concepts connect to physical activity highlighting <u>links</u> between each concept and <u>transferring</u> to other aspects of my life. 	 Happy to work with any peer. Displays knowledge of multiple rules. Brings kit and demonstrates a consistent and sustained effort in lessons. Gracious in defeat as well as victory. Stays focused on a task & enjoys learning. Potential to lead/captain. Knows when to listen/talk. 	 Performs a good range of skills with consistency and control. Performance sometimes breaks down under increased pressure and changing circumstances. Actively makes tactical decisions which have more influence in applied situations. Knows how to win and responds with appropriate principles e.g. pacing/sprint finish in athletic and begins to recognise strengths and weaknesses in performer's tactics & strategies. Uses key words & movement language in this feedback.
Exceptional/Beyond	 Demonstrates an <u>in-depth knowledge</u> on the concepts and can make educated assumptions based on current knowledge when questioned Demonstrates an <u>in depth</u> understanding of how physical activity connects to a variety of concepts; highlight <u>links</u> between each concept and <u>transfer</u> this to my own experiences to familiar and unfamiliar contexts. 	 Very active in lessons. Regularly pushes themselves to increase intensity. Demonstrates how to act/behave in different sports/situations. Rarely commits fouls and fully understands rules Leads effectively & has a positive effect on others Enjoys a challenge and tries again in the face of failure. 	 Performs & links complex skills/ techniques across a range of activities & situations (with a reliance on less complex skills). Performs a wide range of skills, refinement, precision, control & fluency. Plays pivotal role in performance. Decisions focus on taking advantage of opponent strengths and weaknesses and is supported by consistent performance of skill. Imaginative use of principles to solve problems and overcome challenges. Evaluation refers to: cause – effect – consequence. Uses key words & movement language in feedback with confidence. Feedback is comprehensive