

		Year 7	Year 8	Year 9	Year 10	Year 11	
Autumn 1	1	What are first impressions?	How do rules and laws differ?	What is news?	What is mental health?	Where can I go and what can I do after Year 11	
	2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?			
	3	What is self-esteem?	What does crime look like in my area?	How can I verify information?	How can I support someone using unhealthy coping mechanisms?		
	4	What makes a relationship healthy?	Who is involved in the legal process?	How might I be manipulated?		How do loans and mortgages work?	
	5	How are families different?	Are all courts the same?	How can I practice information hygiene?	How can I cope with grief?		
	6	What do healthy friendships look like?	What are my interests? https://www.unifrog.org/teacher/resources/sort/what-are-my-interests	Working & Earning: Managing your money https://www.unifrog.org/teacher/resources/sort/working-and-earning-managing-your-money		Do I really need insurance?	
	7	What is bullying?	What is Labour Market Information & why is it important? https://www.unifrog.org/teacher/resources/sort/what-is-the-labour-market-and-why-is-it-important	Decision making https://www.unifrog.org/teacher/resources/sort/decision-making-choosing-what-to-study-at-ks4	How can I develop my resilience?	What are pensions?	
Autumn 2	8	What is cyberbullying?	Creating the life you want What does success mean to me https://www.unifrog.org/teacher/resources/sort/what-does-success-mean-to-me	Balance Life & Work https://www.unifrog.org/teacher/resources/sort/what-is-a-work-life-balance	Meningitis and Strokes	How are taxes calculated?	
	9	How do I respond to bullying?	Careers & the climate https://www.unifrog.org/teacher/resources/sort/careers-and-the-climate	What comes after School? Main Post-16/Post-18 options			
	10	Is everyone treated equally?	What is an entrepreneur? https://www.unifrog.org/teacher/resources/sort/what-is-an-entrepreneur	Different types & Patterns of work https://www.unifrog.org/teacher/resources/sort/in-person-hybrid-and-remote-what-works-best			
	11	What are stereotypes?	What influences me?	What is body image?	What are human rights?		
	12	How might people with disabilities be treated?	What do I need to know about gangs?	How might the media influence how I feel about the way I look?	How can I manage stress?		
	13	How can we deal with racism?	What should I know about knife crime?	How might drugs affect us?	How do we balance rights?		
	14	What support can I offer to others?	What is grooming?	Why do people use drugs?	How can I deal with disappointment?		
Spring 1	15	What is health?	What does 'county lines' mean?	Why might people use steroids?	Do I have the right to say whatever I want?	How might my health affect my exam performance	
	16	How can screentime affect my health?	What is extremism?	What does the law say about drugs?			
	17	How much sleep should I be getting?	What are hate crimes?	What risks are linked to drug use?	Should my privacy be protected at all costs?		
	18	What makes vaping addictive?	What does caffeine do to my body?	What is addiction?			
	19	How can I look after my teeth?	What are prescription drugs?	What does a democratic country look like?	How does the law try to protect victims of FGM and GBV?		
	20	What are the benefits of physical activity?	What are Units?	How else might a country be run?			
Spring 2	21	How can I manage my personal hygiene?	What are the physical effects of drinking alcohol?	What does the Cabinet do?	What makes a behaviour harrassment?	How can I prepare for an interview?	
	22	What are the physical changes of puberty?	What are the social effects of drinking alcohol?	What advice would I give to the Cabinet in an emergency?			
	23	What happens during menstruation?	How can I manage influence and pressure around alcohol?	Who in the UK holds the greatest power?	How might people show their commitment to their partner?		
	24	How can I manage the changes of puberty?	Which common health conditions should I know about?	How are those in power held to account?			
	25	What is a risk?	How can I help someone who has had an accident?	What do healthy, romantic relationships look like?	What are my boundaries		
	26	How can I be safe on, and near, the road.	How do I help someone who is unresponsive?	What is consent?			
Summer 1	27	How can I be safe on, and near, the railways.	Why is it important to use antibiotics responsibly?	What are potential signs of abuse in relationships?	What are the risks involved with sexual behaviour?	Exams	
	28	How can I be safe on, and near, waterways.	What do vaccines do?	What does the law say about sharing media?			
	29	How can I be safe online?	What makes a great leader?	How do contraceptives work?	What is barrier vs hormonal contraception?		
	30	What are transferable skills? https://www.unifrog.org/teacher/resources/sort/what-are-my-skills	How can I work well in a team?	What are STIs?			
	31	Future You	How can I solve problems successfully?	How are our differences protected by the law?			
Summer 2	32	What is a career? https://www.unifrog.org/teacher/resources/sort/what-is-a-career	How can I communicate more effectively?	How have attitudes towards sex and gender changed over time?	What factors might affect a person's fertility?	Exams	
	33	Careers & the Future https://www.unifrog.org/teacher/resources/sort/careers-and-the-future	What are my rights as a consumer?	How have attitudes towards sexuality changed?			
	34	Can young people make a change?	Which documents can help me to keep track of my money?	How have attitudes towards race changed over time?	What happens during pregnancy?		
	35	What is Parliament?	How can a budget help to manage my money?	How can I effect change? I			
	36	How are political parties similar and different?	How do bank accounts work?	How can I effect change? II	Reflections on Work Experience		
	37	What happens in a General Election?	What are the potential effects of gambling?	GCSE Skillset			
	38	What do MPs do?	How can I ensure that my money is kept safe?	GCSE Skillset	Reflections on Work Experience		
Careers	Citizenship and Politics	Health Education				Sex and Relationships Education	
Finance							