

**The Duke of Edinburgh's Award**  
**Student Kit List 2025-2026**

**Bronze, Silver & Gold: Training, Practice & Assessed Expeditions**

<b><u>Personal kit</u></b>	<b>Camping</b>	*Sleeping mat
		*Rucksack 65lt (with waterproof liner/bags)
		*Sleeping bag (use liner in borrowed sleeping bag)
		Water bottle (1lt)
		Torch/head torch & spare batteries
		Plate/mug/knife/fork/spoon
	<b>Clothes</b>	<b>Walking boots (with ankle supports) must be worn</b>
		Trainers (optional) for campsite
		Watch
		*Waterproof jacket (with taped seams)
		*Waterproof trousers (with taped seams)
		Thermal top
		Thermal bottoms/leggings
		Socks x2 (walking socks)
		T-shirts x2 (non cotton)
		Fleece (non cotton)
		Spare underwear
		Trousers (no denim)
		Leggings
		Gloves
		Hat
		Sun hat
	<b>Washing</b>	Tea towel
		Washing up liquid & scouring pad
		Toilet roll
		Wash kit (no aerosols)
	<b>Misc</b>	1 <sup>st</sup> aid kit (small)-to include sun cream & blister kit
		Note book and pencil
		Matches (in waterproof container)
		Survival bag
		*Compass
		Sealed emergency rations
		Food for whole weekend
	Waterproof bags/dry bags/bags for rubbish	
<b><u>Group Kit</u></b>		*Tent(s) enough for all the group.
		*Maps (maps are supplied)
		*Whistle
		*Stove (Trangia) & fuel
*can be borrowed by CNS Students from the CNS DofE Store		
<b>Fuel</b>	Meths for use in meths stoves will be supplied however if you bring a gas stove you will need to provide your own fuel.	
<b>Rucksack weight</b>	It is recommended that no candidate carries more than a quarter of their own body weight. Excess kit will be stored in the hall until the end of the expedition. All kit must be in waterproof bags/liners (bin bags are sufficient)	
<b>Please DO NOT bring:</b>	Lighters, aerosols (of any type), penknives.	
<b>Mobile phones</b>	Will be switched off and sealed with school DofE mobile number written on the packet. Mobile phones are only to be used in an emergency.	