

The Duke of Edinburgh's Award

Student Kit List 2025-2026

Bronze, Silver & Gold: Training, Practice & Assessed Expeditions

Personal kit	Camping	*Sleeping mat *Rucksack 65lt (with waterproof liner/bags) *Sleeping bag (use liner in borrowed sleeping bag) Water bottle (1lt) Torch/head torch & spare batteries Plate/mug/knife/fork/spoon
	Clothes	Walking boots (with ankle supports) must be worn Trainers (optional) for campsite Watch *Waterproof jacket (with taped seams) *Waterproof trousers (with taped seams) Thermal top Thermal bottoms/leggings Socks x2 (walking socks) T-shirts x2 (non cotton) Fleece (non cotton) Spare underwear Trousers (no denim) Leggings Gloves Hat Sun hat
	Washing	Tea towel Washing up liquid & scouring pad Toilet roll Wash kit (no aerosols)
	Misc	1 st aid kit (small)-to include sun cream & blister kit Note book and pencil Matches (in waterproof container) Survival bag *Compass Sealed emergency rations Food for whole weekend Waterproof bags/dry bags/bags for rubbish
Group Kit		*Tent(s) enough for all the group. *Maps (maps are supplied) *Whistle *Stove (Trangia) & fuel
		*can be borrowed by CNS Students from the CNS DofE Store
Fuel		Meths for use in meths stoves will be supplied however if you bring a gas stove you will need to provide your own fuel.
Rucksack weight		It is recommended that no candidate carries more than a quarter of their own body weight. Excess kit will be stored in the hall until the end of the expedition. All kit must be in waterproof bags/liners (bin bags are sufficient)
Please DO NOT bring:		Lighters, aerosols (of any type), penknives.
Mobile phones		Will be switched off and sealed with school DofE mobile number written on the packet. Mobile phones are only to be used in an emergency.