

June 2026

Dear Parents and Carers

I hope this letter finds you well. This is the third edition of our newsletter which includes information relevant to your child as well as for other year groups. In this letter we are celebrating Excellence in All at CNS and sharing forthcoming calendar events with you. Thank you for feedback on the usefulness of the letter and please read the information carefully to keep fully informed and connected with CNS.

Exams are nearing completion, and I continually praise the students for their resilience and hard work. We are looking forward to celebrating Y11 in their Leavers Assembly on Monday. I would also like to say well done to the Y10 students on their work placements; we are excited to hear how they got on when they return on Monday.

I am delighted to announce our new Head Student team who will meet with me weekly to share student voice, be ambassadors for CNS at events and with visitors as well as undertake projects impacting on CNS.

Congratulations to:

- Head Students: Josh Saunders and Emily Baines
- Deputy Head Students Y12: Reuben Longeran, Hope Thompson
- Deputy Head Students Y10: Owen Lloyd, Melody Moorhouse, Nancy Mullarky

This is a busy half term for trips and events including over 80 Y8s currently in France. Whilst we seek to minimise the impact of teacher absence on children there are at times need for cover as without this such valuable trips could not take place.

Thank you to parents and carers of next year's Y7 who joined us for an informative Welcome Evening last night. I look forward to seeing many of you at the Summer Concert on Tuesday 16th June.

Ms Philpott

Arbor

If you have not yet signed up to the Arbor Parent App, please do so as more information moves to this single platform.

Arbor is the system we use as a school for sharing information and data on your child in school. You login using the

email you have registered with the school and your child logs in using their school email address. The attached link

here goes to a guide on accessing and using the parental portal [A quick introduction to Arbor for guardians and parents – Arbor Help Centre](#)

Mr Hewett

Attendance update

School has felt quieter this week with Yr10 out on Work Experience & many of Yr8 visiting Amiens as part of the French Trip. However, even with all of the trips taking place this half term, it remains critical that students are attending school every day. This half term prepares students for the transition into the next year or Key Stage of their academic journey. New learning is still taking place that often provides the foundational knowledge & skills students will need to feel confident in as they move across Key Stage 3 & up to Key Stage 4. Rewards this half term will acknowledge high levels of attendance & improved attendance. We want to be able to celebrate as many students as possible, but we can only do this if they are in school.

An additional reminder, that if your child has been absent for 3 consecutive days from school, the Attendance Team will contact you to arrange a home visit for the following day. This is part of our welfare checks & to ensure we are meeting our duty of care by seeing students who are unable to attend school.

Yr11 have managed the exam season superbly & we look forward to celebrating their end of school journey with them in their Leavers Assembly on Monday 15th June, following their last Core Exam. Whilst we will miss Yr11, they do thoroughly deserve a break following their hard work and perseverance with revision, attending Boosters/Warm-Ups & maintaining their focus on the exams over the past few months. We do not expect students in school following their Leavers Assembly, unless they have a Further Maths Exam on Monday afternoon or a Spanish Exam on Tuesday morning. All of Yr11 will be on End of Exam Leave from this time onwards and we look forward to seeing them again on Thursday 20th August for GCSE Results Day.

Ms Cook

Year 6 news

As we wave a sad farewell to year 11 and 13, preparations are well underway to welcome our new year 7 into school in September and it was lovely to see so many old and new faces as we met Y6 parents last night. CNS staff have been visiting Y6 in their primary schools where there is always a mix of sadness at leaving primary school and great excitement at moving up to high school. We are looking forward to welcoming Y6 to their transition days in a few weeks where they will truly become part of the CNS community as the class of 2031!

Mr Innes

Mobile phones

Students were told about the new phone policy last week and showed real maturity in accepting that this will be the new norm going forward. The most common concern seemed to be how many unlock points there are going to be at each gate and how long it will take to get out! (Please be assured that there will be plenty of points on all 3 gates). We are currently putting together a list of frequently asked questions and would ask that if you do have any questions, you click below to add them to the list. Please note that we will not be answering individual queries until after the FAQ document has been sent out.

Mr Innes

[Please submit your question regarding the new phone policy to help us compile a list of FAQ](#)

Community Council Success

I would like to take this opportunity to celebrate the outstanding work of our Community Council, which continues to play a vital role in strengthening student voice across the school.

A special thank you goes to our Year 11 students, who have led the Community Council with dedication, professionalism, and enthusiasm throughout the year. As they prepare to leave us, they are proudly handing the baton over to our Year 8 and Year 9 students, who are already stepping into leadership roles and bringing fresh ideas to the group.

The Community Council is currently busy organising the Summer Games for Year 8 students as part of Rewards Week. The event will provide a range of fun and engaging activities designed to develop important skills such as teamwork, communication, and problem-solving, while also promoting and celebrating our CNS values. We are excited to see our younger student leaders take ownership of this event and continue the excellent legacy established by our Year 11 cohort.

Ms Skarin

Litter picking initiative

Alongside the Eco-ambassadors, CNS student leaders have established a form time litter pick to reduce the litter on the field and surrounding area. This aims to enhance the ethos of respect for the school site by motivating students to take better care of their environment. This involves whole form groups collectively going out on designated mornings of the week; it has been lovely to see our school community getting stuck in.

Joshua Saunders (Head Student)

Celebrating Our Zero Heroes

We are incredibly proud of our Zero Heroes - students who consistently demonstrate our school values through positive behaviour, excellent attitudes to learning and making the right choices every day.

While some students have achieved the remarkable feat of receiving zero negative points for the entire year, one of the key principles of our Zero Hero initiative is that every student starts each term with a fresh opportunity to be successful. We recognise that everyone can make mistakes, but what matters most is learning from them, making positive choices, and taking advantage of the chance to start again.

Each week, students who have remained a Zero Hero during the previous week are recognised and entered into our weekly raffle, with winners receiving a certificate and prize. This celebration helps us acknowledge the many students who consistently uphold our expectations while reinforcing the message that every week is a new opportunity to turn things around and succeed.

The scale of this achievement across our school is truly outstanding. On average, between 500 and 600 students in the main school achieve both 100% attendance and zero negative points each, this is a fantastic reflection of the positive culture, commitment and determination shown by our students.

We are looking forward to celebrating and rewarding our Zero Heroes during our Rewards Assemblies and Rewards Week events in the final week of term. Achieving Zero Hero status is something to be incredibly proud of, and we look forward to recognising the many students who have earned this success.

Congratulations to all those who achieved Zero Hero status last week. The question now is... who will be a Zero Hero next week, and which House will come out on top and who will be our prize winner at the end of the year? Stay tuned!

Ms Skarin

City Sports - Thursday 14th May Results

We are incredibly proud of the teams who represented our school at City Sports. Despite an extremely rainy day, our students demonstrated outstanding resilience and determination, pushing through challenging conditions with great spirit.

We would also like to extend a sincere thank you to the Year 12 A Level PE students, who were fantastic throughout the day and played a key role in supporting and running the events. Well done to everyone involved!

Please see the results below.

Miss H Walker

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Year group	Girls	Boys
Year 7	4 th	5 th
Year 8	4 th	3 rd
Year 9	6 th	3 rd
Year 10-11	4 th	3 rd

CNS Production of Matilda

The audition pack for next year's musical production of 'Matilda' is now available and has been set out to all parents. This year, we have created a PDF version of the document; if anyone has any difficulties accessing this, please let us know and we can print one off in school for you.

We are holding a Q&A session following these packs going out next Tuesday (16th June) after school, which interested students are invited to attend. We often have a lot of questions so this works as a good opportunity for everyone to ask anything in a shared setting.

If your child is interested in participating in the show, please read the information carefully as there are some instances in which auditioning may not be possible, and we would not want anyone putting any unnecessary work in over the summer. Auditions for the cast will be held in September, and we will recruit our backstage team in January.

We are very excited to be producing 'Matilda' and hope to see you all in our audiences in March 2027!

Miss Richards

CNS DofE June Update

We are currently in full DofE expedition mode. Firstly, the Bronze Assessed expeditions which will be followed by the gold and silver expeditions. Thank you to parents and carers for your support.

Mr Lee

CNS Dancers Shine at Norwich Schools Dance Competition

This week, the CNS dancers took part in the Norwich Schools Dance Competition, competing against some incredibly talented schools, including Notre Dame High School Norwich, City Academy Norwich, and OVA.

The standard of performance was outstanding throughout the event. Our seniors, juniors, duets, and soloists all showcased their talent, this year, the juniors who took the GOLD in their age category with an incredible contemporary piece inspired by the cult series Stranger Things. Their performance captivated the audience and judges alike.

All of the students were an absolute credit to themselves and the school. Not only did they perform brilliantly, but they also showed fantastic sportsmanship, cheering on their friends as well as dancers from the visiting schools. We could not be prouder of them.

The dancers will be back in action soon at the Ormiston Schools Competition before taking to the Carnival Stage at the Royal Norfolk Show on Thursday. If you are attending the show, be sure to pop along and support them as they showcase their talents once again.

Miss Cook

Congratulations to Year 13

As we approach the conclusion of the A level examination period, I would like to take this opportunity to acknowledge the exceptional commitment demonstrated by our Year 13 students. A number of them have now completed all of their examinations, and this final week will see the remaining six papers concluded.

Throughout their time with us, and particularly during this demanding examination season, students have shown commendable resilience, kindness, maturity, and conduct. Their approach to both their studies and the challenges of the assessment period has been exemplary, and we are immensely proud of the way they have represented themselves and our school community.

We look forward to welcoming students on **Thursday 13th August at the Elkins Centre from 9am** to collect their results. This is always a significant and rewarding milestone, and we are eager to celebrate their achievements.

Please note the following important information regarding results collection: If a student is unable to collect their results in person, we require an email from the student authorising a named individual to collect on their behalf. The nominated person must bring valid identification, which will be checked by a member of staff.

Thank you for your continued support throughout their A level journey. I am very privileged to have been able to work with them over the last two years and wish them all success and happiness in their futures.

Ms. Collison

Sixth Form Pathways: Parent Information Evening and UCAS Discovery Day

Over the last week, our Year 12 students and families have taken part in two important events as part of our extensive and highly successful Sixth Form pathways programme.

Our Parent Information Evening gave families an overview of the year ahead, including the UCAS process, apprenticeships, personal statements, references, and the key decisions students will be making over the coming months. It was a valuable opportunity to share how students can be supported at home as they begin to make more focused plans for life after Sixth Form.

On Monday, Year 12 students attended the UCAS Discovery Day, where they had the chance to speak directly with universities, apprenticeship providers, and other organisations about future options. Students were encouraged to ask questions, gather information and begin thinking carefully about what they want from their next steps, whether that is university, an apprenticeship, or another route.

Thank you to all families who attended the Parent Information Evening and to our Year 12 students for the way they approached the UCAS Discovery Day. We look forward to continuing to support them as they develop their plans over the coming weeks.

Mr Etheridge

Year 12 Biological Sciences Department visit at UEA.

Last Wednesday, Year 12 biology students visited the Biological Sciences Department at UEA. They experienced a day in the life of an undergraduate student, carrying out practical activities in state-of-the-art laboratories, learning about cutting edge research in colorectal cancer, and attending a lecture on antibiotic resistance. Students engaged fully in the day and were a credit to CNS.

Mr Hanfrey

Dates for your diary

- June 16th Summer Concert
- June 25th Y12 Induction Day
- June 29th Introduction of mobile phone pouches by year group
- July 2nd Sports Day
- July 8/9/10th Y6 Transition Days
- July 8th KS3 Celebration Evening *to be confirmed invitation only*
- July 8/9/10th Summer Art Exhibition (Evenings Only)
- July 13-17th End of term rewards events 9More information to follow)
- August 13th A' level exam results in school (Elkins Centre) 9.00-12
- August 14th 6th form open for post A 'level result conversations (Elkins Centre) 9-12
- August 20th GCSE exam results in school (Elkins Centre) 9.30-12
- August 21st 6th form open 9-12 for 6th form conversations
- September 3/4th Students return to CNS - detailed information will follow in the next newsletter.