

		Year 7	Year 8	Year 9	Year 10	Year 11	
Autumn 1	1	What are first impressions?	What services are available to manage my health?	What are my rights as a consumer?	What are human rights?	How can I manage stress?	
	2	Who am I?	Which common health conditions should I know about?	Which documents can help me to keep track of my money?			
	3	What is self-esteem?	How can I help someone who is choking or who is hurt?	How can a budget help to manage my money?	How do we balance rights?	How can I deal with disappointment?	
	4	What makes a relationship healthy?	What is CPR, and how do defibrillators work?	How does credit work?			
	5	How are families different?	How do vaccinations work?	What are the potential effects of gambling?	Do I have the right to say whatever I want?	How might my health affect my exam performance?	
	6	What do healthy friendships look like?	What is bodily autonomy?	How can I ensure that my money is kept safe?			
	7	What is bullying?	What do I need to know about gangs?	How effectively can I budget for real-world scenarios?	Should my privacy be protected at all costs?	What is phishing	
Autumn 2	8	What is cyberbullying?	What should I know about knife crime?	What makes me happy?			How does the law try to protect victims of FGM and GBV?
	9	How do I respond to bullying?	What is grooming?	What is mental health?			
	10	Is everyone treated equally?	What does 'county lines' mean?	How do I view myself?			
	11	What are stereotypes?	What is extremism?	How can I cope with grief?	How do I access health services?	Do I really need insurance?	
		12	How might people with disabilities be treated?	What are hate crimes?			What is addiction?
	13	How can we deal with racism?	What makes me happy?	How might drugs affect us?	How do I identify meningitis and strokes?	How do taxes work?	
	14	What support can I offer to others?	What is mental health?	Why do people use drugs?			
Spring 1	15	What is health?	How am I influenced?	What does caffeine do to my body?	What are the wider effects of vaping?	How realistic is pornography?	
	16	How can screentime affect my health?	How do I view myself?	What are prescription drugs?			
	17	How much sleep should I be getting?	How can I cope with grief?	What do antibiotics do to my body?	What is cancer?	How does pornography influence attitudes and behaviour?	
		18	What makes vaping addictive?	What is addiction?			Why might people use steroids?
	19	How can I look after my teeth?	What are units?	What does the law say about drugs?	How do I examine myself?	How can I maturely end a relationship?	
	20	What are the benefits of physical activity?	What are the physical effects of drinking alcohol?	What risks are linked to drug use?			
Spring 2	21	How can I manage my personal hygiene?	What are the social effects of drinking alcohol?	Should cannabis be legalised?	Which parts of my body can I donate?	When does behaviour in relationships go too far?	
		What are the physical changes of puberty?	How can I manage influence and pressure around alcohol?	How can good communication make relationships stronger?			
	23	What happens during menstruation?	What alternatives to alcohol exist?	How can we manage pressure in relationships?	How are our differences protected by law?		
	24	How can I manage the changes of puberty?	What is news?	What are potential signs of abuse?			
	25	How do I share information about puberty with other students?	Can we always believe what we read online?	How can online behaviour and content affect relationships?	How have attitudes to sex and gender changed over time?		
	26	What is a risk?	How can I judge the reliability of a news article?	What does the law say about nudes?			
Summer 1	27	How can I stay safe in my local area?	How can I verify information?	What might people think or feel about sex?	How have attitudes to sexual orientation changed over time?		Exams
	28	How can I be safe on, and near, the road.	How might I be manipulated?	How are condoms used?			
	29	How can I be safe on, and near, the railways.	How can social media impact our beliefs and behaviours?	What are STIs?	How have attitudes to race changed over time?		
		30	How can I be safe on, and near, waterways.	How might what we see online affect how we feel?		What does a democratic country look like?	
	31	How can I be safe online?	How can I review my news?	How else might a country be run?	What is sexual harrassment?		
Summer 2	32	Can young people make a change?	How is data collected?	What does the Cabinet do?	What risks might be involved in sexual acts?		
	33	What is Parliament?	How is life online different to offline?	What advice would I give to the Cabinet in an emergency?			
	34	How are political parties similar and different?	What makes someone trustworthy?	Who in the UK holds the greatest power?			
	35	What happens in a General Election?	What is consent?	How are those in power held to account?	What factors might affect a persons fertility?		
	36	What would my platform be?	What do healthy romantic relationships look like?	How might we be involved in the legal system?			
		37	What do MPs do?	How might people show commitment to their partners?	How do courts decide on sentences?	Why is reproductive health important?	
	38	CAPACITY FOR EMERGENT ISSUES	CAPACITY FOR EMERGENT ISSUES	CAPACITY FOR EMERGENT ISSUES			