

The Duke of Edinburgh's Award

Student Kit List 2026-2027

Bronze, Silver & Gold: Practice & Assessed Expeditions

***can be borrowed by CNS Students from the CNS DofE Store**

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Personal kit	Camping	*Sleeping mat
		*Rucksack 65lt (with waterproof liner)
		*Sleeping bag (use liner in borrowed CNS sleeping bag)
		Water bottle: Bronze 1 litre. Silver & Gold 2 litre capacity.
		Torch/head torch & spare batteries
		Plate/mug/knife/fork/spoon
	Clothes	Walking boots (with ankle supports) must be worn
		Trainers/Crocs (optional) for campsite
		Watch
		*Waterproof jacket (with taped seams)
		*Waterproof trousers (with taped seams)
		Thermal top
		Thermal bottoms/leggings
		Socks x2 (walking socks)
		T-shirts x2 (non cotton)
		Fleece (non cotton)
		Spare underwear
		Trousers (no cotton/denim)
		Leggings
		Gloves
		Woolly Hat
		Sun hat
	Washing	Tea towel
		Washing up liquid & scouring pad
		Toilet roll
		Wash kit (no aerosols)
	Misc	1 st aid kit (small)-to include sun cream & blister kit
		Note book and pencil (optional)
		Matches (in waterproof container)
		Survival bag
		*Compass
		Sealed emergency rations
		Food for whole expedition.
		Silver & Gold water filter/purifiers
		Waterproof bags/dry bags/bags for rubbish
Group Kit		*Tent(s) enough for all the group.
		*Maps (maps are supplied)
		*Whistle
		*Stove (Trangia) & fuel
Fuel/Stoves	Meths for use in meths stoves will be supplied however if you bring a gas stove you will need to provide your own fuel.	
Rucksack weight Approx. 12-15kg	It is recommended that no candidate carries more than a quarter of their own body weight. Excess kit will be stored at the expedition venue until the end of the expedition. All kit must be in waterproof bags/liners (thick bin bags are sufficient)	
Please DO NOT bring:	Lighters, aerosols (of any type), penknives, glass jars, tin cans. Place food in food bags or plastic tubs.	
Mobile phones	Will be switched off and sealed with school DofE mobile number logged as the last number dialled. Mobile phones are only to be used in an emergency.	