

City of Norwich School

An Ormiston Academy | *Excellence in all*



**2024 – 25**

*Excellence In All*



## Welcome to CNS

**“I am delighted to welcome you to CNS. Enjoy reading our prospectus, providing you with information on our excellent school.”**

Here at City of Norwich School, part of Ormiston Academy Trust (OAT), we know that choosing the right school for your child can be a challenging experience. Our motto of ‘Excellence in all’ reflects our vision of achieving the very highest standards in everything we do, alongside a strong ethos of community and care.

We aim to prepare students to achieve academically and socially for the life and careers ahead of them. Our broad, balanced and enriching curriculum will enable your child to grow in academic and creative depth, as well as confidence and

happiness. Our stimulating subject curriculum and diverse co-curricular opportunities will equip your child with the necessary skills to enable them to assuredly take their next steps towards their deeply rewarding life.

We warmly invite you to come and see the school for yourself and meet our staff who take immense pride in their school and the students they teach, support and care for.

Jo Philpott  
Headteacher



## CNS Vision

**“To be a centre of excellence and pride for the local community”**

At CNS, we aim to enable every student to maximise their potential and prepare them for their future through the provision of high-quality education.

Our motto of “excellence in all” applies to everything we do and we constantly work to unlock the excellence that exists in every single member of our school community.

As a school with a strong tradition of over 113 years, CNS is committed to maintaining its values and ethos. At the very heart of our ethos is being a truly comprehensive school that supports the care and development of the whole individual, in a happy and diverse community that instills pride in all its members.

**“Pupils are proud to be a part of the City of Norwich School community. They say staff and leaders care about their needs and interests. This makes pupils feel happy, safe and included.”** Ofsted 2021



## CNS Sponsor

**CNS is a member of the Ormiston Academies Trust (OAT), one of the largest not-for-profit multi-academy trusts in England.**

Its aim as a charity, alongside its schools, is to help provide local children with a great education. OAT is one of the longest established trusts which has been sponsoring academies since 2009.

### OAT's mission and values

OAT believes that strength and impact are maximised by working as one team – from which comes its commitment to achieving more together - underpinned by its values:

- Anyone can excel: unwavering belief that everyone can achieve
- Enjoy the challenge: perseverance pays dividends
- Share what is best: we achieve more from working together
- Be inclusive: celebrating our diversity and practicing equity



## CNS Heritage

**City of Norwich School was established over 113 years ago and has been a key part of the educational landscape of Norwich ever since.**

The school opened as a boys' grammar school in 1910 and its rich history is well documented. We are very proud of this cultural heritage and we remain loyal to our historic roots whilst continually regenerating and redefining ourselves to meet the needs of all members of our school community.

The beautiful, original building is still in use today, and sits alongside our dedicated, modern facilities for science, mathematics, the arts, and sixth form.



CITY OF NORWICH SCHOOL

## CNS House System and the School Day

**CNS is divided into five houses called Blakeney, Holkham, Kelling, Thornham and Winterton.**

The house system helps to build team spirit and enables the recognition of individual student achievement. Each house has a mixture of students from Years 7 to 11 and each child will be in the same house throughout their five years at CNS.

Each house has a dedicated house leader, deputy house leader and a pastoral manager. House leaders are responsible for helping each child to achieve the highest standards possible, and for closely monitoring the progress of each child in their house. The pastoral managers are here to support students' well-being and welfare while they are at CNS.

The school day starts at 08:35 with registration and form taking place from 08:35 until 09:00.

Lesson 1	09:00 – 10:00
Lesson 2	10:00 – 11:00
Break	11:00 – 11:20
Lesson 3	11:20 – 12:20
Lesson 4	12:20 – 13:20
Lunch	13:20 – 14:00
Lesson 5	14:00 – 15:05

The school follows a two week timetable with a different arrangement of lessons in each of those two weeks.

Term dates are available on the school website.

## CNS Student Well-Being And Pastoral Care

### At CNS, our pastoral team are here to support your child's wellbeing and welfare.

We have a pastoral manager for each house, and our pastoral support begins when we welcome Year 6 pupils for their transition experience, at the end of the summer term. During this time, pupils enjoy a range of activities and taster lessons to encourage confidence and familiarity for when they start in September.

We also deliver a wide programme of social and emotional guidance throughout the school year, during tutor times, assemblies and personal, social, health and economic (PSHE) education.

CNS also has a full-time qualified Registered Nurse on the school site every day between 08:30 and 15:30, who is available to all students and staff.

#### MAP

Here at CNS, we are lucky to have the support from the Mancroft Advisory Project (MAP) working with all our students and staff. MAP is based in the school through the week, delivering mentoring sessions and a lunchtime pop-up. By offering their unique combination of advice work, family mediation, youth work, and signposting to counseling, they aim to have a positive impact on young people's mental health and their experience of school at

the earliest possible opportunity.

#### Bruce - our school therapy dog

Last year we were delighted to welcome Bruce, a black Labrador, to our school. Bruce lives with Mr Williams and is training to be a fully qualified therapy dog. Therapy dogs have become more common in schools over the last few years and are found to be hugely beneficial to both pupils and staff.

Some of the benefits include:

- Supporting student well-being and increasing confidence
- Teaching empathy and appropriate interpersonal skills
- Enhancing relationships with peers and teachers
- Reducing stress and anxiety, resulting in improved learning outcomes
- Encouraging a sense of responsibility, improved motivation, and positive change towards learning

Bruce is following a professional training programme and the appropriate policies and assessments have been implemented, ensuring equal emphasis on the risks and control measures for both Bruce and students.

## CNS Parents

### We aim to make sure each child is happy and progressing.

A key element to this is good communication with parents which includes the following:

#### Parent information events

- Year 7 – 11 progress and information evenings
- Year 9 Preferences Evening
- Parent consultation evenings
- Progress review events

#### Attainment and progress

Parents are able to monitor their child's progress, attendance and behaviour via their individual Go4Schools page online.

#### School reports

Parents receive regular summary reports which give a snapshot of progress and a full report once a year.

#### Communication

Parents can keep in touch with the school news through the school website and social media. A weekly newsletter

is sent via email to parents that wish to receive it. Parents are also welcome to contact the school at any time by calling Student Services on 01603 274029.

#### Community events

CNS holds several community events each year including Heritage Day, Super Science Saturday, the CNSA Fest, and various performing arts performances and concerts.

#### City of Norwich School Association (CNSA)

The CNSA is a friends association and members include parents, carers, and guardians of current CNS students plus all staff and governors. It exists to support the school and enrich the education of the students by raising funds, arranging events, and developing positive relationships between parents, staff and the wider community.

The CNSA is a registered charity – 1003770 and a member of PTA-UK.





## CNS Curriculum and Inclusivity

**The curriculum at CNS demonstrates breadth and balance in all key stages, with emphasis on subject depth at Key Stages 4 and 5.**



It aims to equip students with the skills and knowledge to progress to aspirational pathways. It is inclusive, accessible and challenging for each child, and adaptable to the needs of all learners so that they feel a connection to their learning.

### Key Stage 3 - Years 7, 8 and 9

- English
- Maths
- Sciences
- History
- Geography
- Creative Technologies
- Performing Arts
- Philosophy and Religious Education
- Modern Foreign Languages - Spanish, French and German
- Personal, Social, Health and Economic (PSHE)

### Key Stage 4 - Years 10 and 11

In Key Stage 4, students follow a programme of chosen subjects which ends in GCSE examinations or equivalents. Courses are chosen in Year 9 when students can express their preferences from a wide range of subjects. Additional courses are also available for students wishing to enhance their academic achievements.

### Additional learning

At CNS we believe everyone should be treated equally, with respect, consideration, and tolerance. Our vision for all students is that no special educational need or disability should prove a barrier to making progress in their learning, emotional and social development, and independence.

Our additional learning team at CNS works closely with parents and carers, pastoral managers, and house leaders regarding young people with special educational needs or disabilities to understand their needs and support them to explore the best way of working.

***“Pupils with special educational needs and/or disabilities (SEND) receive strong support. Leaders accurately identify the needs of these pupils. Teachers are knowledgeable about how to support pupils with SEND to access the curriculum. Leaders ensure that pupils with more complex needs get specialist support. Consequently, pupils with SEND achieve well.”*** Ofsted 2021



## CNS Co-curricular

**Our extensive co-curricular programme is an integral part of our whole curriculum offer, consisting of over 60 clubs, subject enrichment activities, visits, social action, and charity events.**

This supports the development of the physical, mental, spiritual, cultural, and intellectual health of all students and builds their resilience in and beyond the classroom. The wide range of thriving clubs and activities provides our students with the opportunity to further their existing interests or discover completely new ones.

### Duke of Edinburgh's Award

The Duke of Edinburgh's Award inspires and transforms the lives of young people and is a passport to a brighter future, valued by employers and universities. CNS is a direct licensed centre for the Duke of Edinburgh's Award scheme offering Bronze, Silver and Gold Awards and is one of the largest DofE provisions in the county.

### Youth STEMM Award

The Youth STEMM award provides a focused and engaging framework for young people to further their passion, knowledge, and skills in STEMM (Science, TecÜology, Engineering, Maths, and Medicine). The programme is run as a collaborative partnership with the JoÜ Innes Centre and the University of East Anglia.

### Social Action

#WeWill is a youth social action project designed to bring social action to over 10,000 pupils across England. Students wishing to be Wellbeing Ambassadors will develop peer support models within their settings, collaborate across schools to develop social action projects, and network with local community groups to enact positive change in their area.

### Eco-Schools

Students who wish to join the Eco-Schools team learn about impactful environmental actions and consider environmental changes that they can make in their school and everyday lives. We proudly hold the Green Flag school accreditation.

### Drama

Students who have a passion for drama can participate in a wide variety of workshops and performances and benefit from local and national partnerships including the National Theatre and Norwich Theatre.

### Sport

Rugby, Netball, Football, Fitness, Handball, Cricket, Tennis, Badminton and Dance make up just a few of the sporting opportunities that enable regular competing and performing, both locally and nationally.

### Music

We have a variety of ensembles and clubs including Orchestra, Brass, Strings, Saxophone, Stage Choir, Percussion, Jazz, Clarinet, Flute, Keyboard, Guitar and Ukulele. Students also benefit from opportunities to watch live performances and take part in workshops.

### Others

Other clubs available include Creative Writing Club, Reading Group, Kindness Club, Warhammer, Gardening, Knitting, Cultural Celebration, Lab Rats, Project Pi, Photography Club, Art Club, Oil Painting Club, Historical Fiction Club, Robotics, Baking Club and COD.

## CNS Music Scholarships

**As a subject discipline and a creative pursuit, music echoes many of the aims and values of CNS, and we strive to be at the forefront of schools' music locally, regionally, and nationally.**

We offer up to 10% of available places each year to students with a potential for, aptitude, or ability in music.

Students benefit from reduced-price individual music lessons, priority for music trips and visits, and access to work with the Guildhall School of Music and Drama in London.

### **CNS Partnership with the Guildhall School of Music and Drama**

CNS works in partnership with the London Guildhall School of Music and Drama. This partnership brings many opportunities to CNS students and cluster schools, both in and out of school including:

- Masterclasses from professional musicians
- Recitals and concerts
- Visits to the Guildhall and Barbican in London
- Specially devised projects for CNS students

### **Guildhall Young Artists**

CNS is also home to the Guildhall Young Artists Norwich (GYA Norwich), which meets in the Fisher Centre for Performing Arts here at CNS every Saturday during term time. GYA Norwich is part of Guildhall School of Music and Drama and delivers specialist music education to all young musicians across Norfolk. CNS students are entitled to a discount.



## CNS Sixth Form

**Our thriving sixth form offers students space, time and breadth; with 33 different subjects on offer, above average teacher contact time and outstanding study facilities.**

Our modern, purpose-built sixth form block named the Elkins Centre is situated within the school grounds, separated from the main school. The single-storey, state-of-the-art building provides the sixth form reception, library, study area, and café, along with four classrooms. In addition, the study hall within the main school is a bespoke area for our sixth form students and complements our ethos of developing our students into independent learners. This excellent facility is designed to feel like a university library, with space for independent computer work, silent reading, and working spaces.

During Key Stage 4, students are given the opportunity to experience sixth form lessons and use the facilities to support the transition into CNS Sixth Form.

There is a separate sixth form prospectus which can be viewed online at [www.cns-school.org/Sixth-Form-Prospectus](http://www.cns-school.org/Sixth-Form-Prospectus). If you would like to receive a hard copy, please contact the school on 01603 274000 or email [office@cns-school.org](mailto:office@cns-school.org)



## CNS Student Development and Leadership

**At CNS, we encourage 'excellence in all' and strive to help all students meet and exceed their potential.**



Students are encouraged to take risks in their learning to build resilience and confidence, which in turn develops independence in their learning. We want to help them develop into the leaders of tomorrow and with this in mind we have a strong development, leadership, and co-curricular programme.

### Head and deputy head students

Each year, CNS appoints new head students from Year 13, and deputy head students from Year 11 to represent and act as ambassadors for the school. They work directly with the Headteacher and meet regularly to work to make CNS an even better and stronger community.

### Student Voice

The school council, known as Student Voice, is an important part of CNS's daily life and plays a leading role in

promoting our students' involvement in the way the school is run. Student Voice is made up of students from each house and they represent the school's views on various issues.

*"Pupils have a strong voice. They value how leaders listen to their views. Pupils lead groups such as 'expect respect' and 'COD' (celebrate our differences). These groups challenge leaders to make changes. Pupils talk with passion about the impact their initiatives have on the school. This helps them develop high levels of self-confidence, responsibility and respect". Ofsted 2021*



## CNS Student Careers and Pathways

**At CNS we recognise the personal development of students as a fundamental part of our academic and pastoral work.**

### Personal development

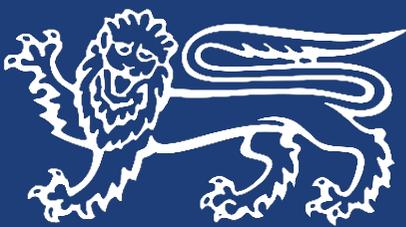
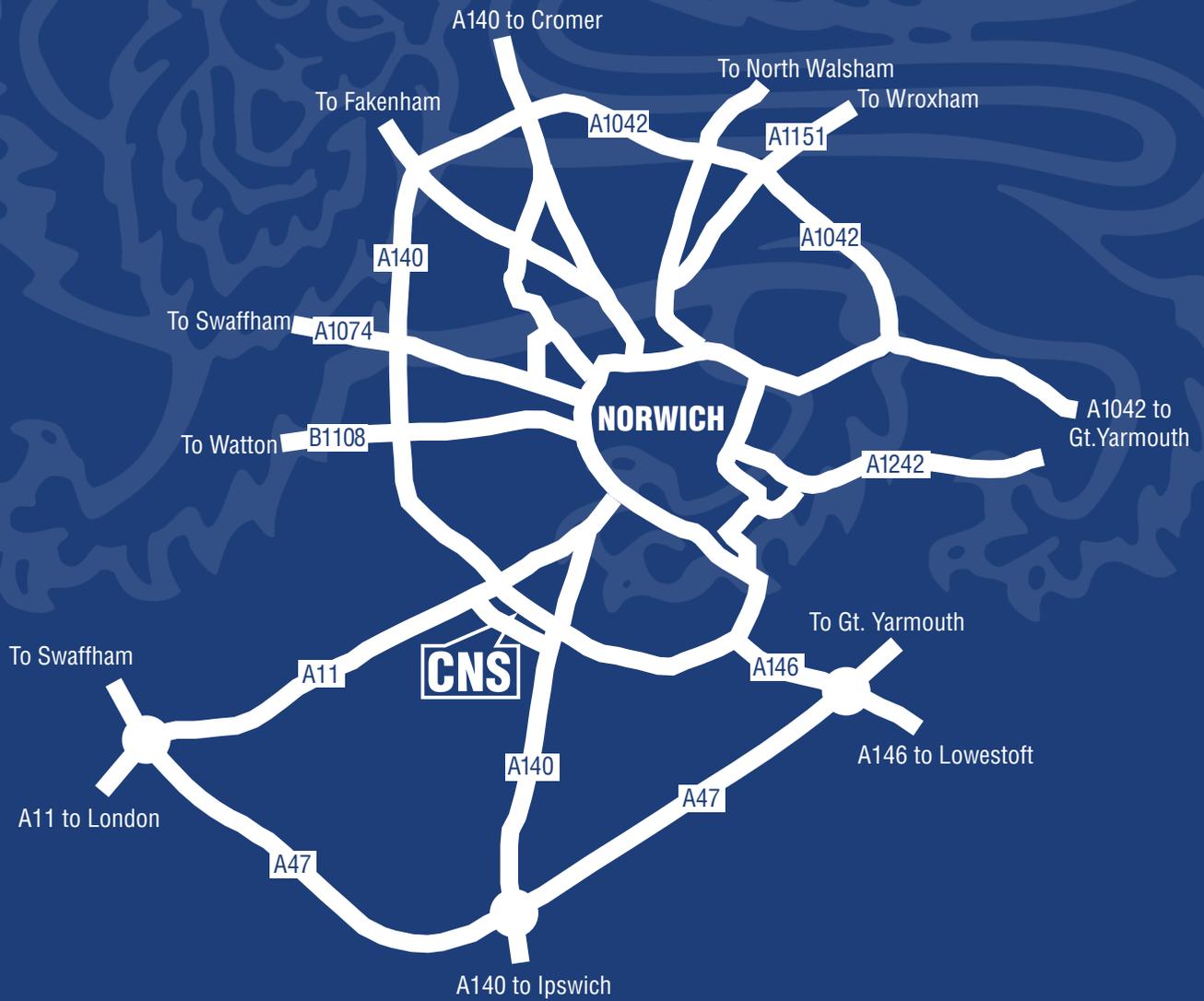
Students in all key stages participate in a rich programme of personal development and guidance intended to create well-rounded local, national, and global citizens who develop good character, well-being, and resilience.

They can engage with a range of topics and external speakers through form time, lessons, assemblies and collapsed timetable days.

### CNS alumni

CNS is in an enviable position to tap into a vast range of impressive ex-CNS students.

This alumni share their experiences since leaving school and can help to motivate and inspire our current students to feel more confident in making decisions about their future. At present we have almost 150 former CNS students from a range of careers registered and sharing their talent and experiences.



# City of Norwich School

An Ormiston Academy | *Excellence in all*



AN OAT ACADEMY

**Head Teacher:** Jo Philpott

City of Norwich School  
Eaton Road  
Norwich NR4 6PP

Tel: 01603 274000

Email: [office@cns-school.org](mailto:office@cns-school.org)

[www.cns-school.org](http://www.cns-school.org)  
[www.facebook.com/CNSschool](https://www.facebook.com/CNSschool)  
twitter: @cns\_school



Artsmark  
Platinum Award  
Awarded by Arts  
Council England

Guildhall  
Young Artists



TeachFirst

